

PK KB OVL 26: Session: 1: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: De Smedt Leny HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE MEN 11+ Heat:1, starttime: 09:14

Heat: 1/18 Lane : 3 Athlete: DIERICK ROBBE				Q-time: 01:32:78
PB (25m pool): 01:32.78 Eeklo 19/04/2026				PB (50m pool): 01:43.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:42.92		01:32.78
		00:42.92		00:49.86
				

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+ Heat:5, starttime: 09:22

Heat: 5/18 Lane : 3 Athlete: BOEL ELIAS				Q-time: 01:10:76
PB (25m pool): 01:10.76 Eeklo 19/04/2026				PB (50m pool): 01:11.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:34.00		01:10.76
		00:34.00		00:36.76
				

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+ Heat:9, starttime: 09:28

Heat: 9/18 Lane : 1 Athlete: LUYPAERT EDEN				Q-time: 01:04:80
PB (25m pool): 01:04.80 Temse 21/12/2025				PB (50m pool): 01:05.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:31.11		01:04.80
		00:31.11		00:33.69
				

Coach feedback:

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Event number: 2: 100M FREESTYLE MEN 11+					Heat:10, starttime: 09:30
Heat: 10/18 Lane : 2 Athlete: DE COCK MATZ					Q-time: 01:03:18
PB (25m pool): 01:05.67 Aartselaar 01/11/2025					PB (50m pool): 01:03.18 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.64		01:05.67	
	00:31.64		00:34.03		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:12, starttime: 09:33
Heat: 12/18 Lane : 3 Athlete: VAN DE WINKEL MILAN					Q-time: 01:00:54
PB (25m pool): 01:00.54 Eeklo 19/04/2026					PB (50m pool): 01:02.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.22		01:00.54	
	00:29.22		00:31.32		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:14, starttime: 09:36
Heat: 14/18 Lane : 2 Athlete: VAN DEN BREMT MATHIAS					Q-time: 00:59:75
PB (25m pool): 00:59.75 TEMSE 23/11/2025					PB (50m pool): 01:01.87 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.94		00:59.75	
	00:28.94		00:30.81		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:14, starttime: 09:36
Heat: 14/18 Lane : 3 Athlete: POPPE WARRE					Q-time: 00:58:74
PB (25m pool): 00:59.81 TEMSE 23/11/2025					PB (50m pool): 00:58.74 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.08		00:59.81	
	00:29.08		00:30.73		
					

Coach feedback:

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Event number: 2: 100M FREESTYLE MEN 11+					Heat:15, starttime: 09:37
Heat: 15/18 Lane : 8 Athlete: VERHULST MEINDERT					Q-time: 00:58:48
PB (25m pool): 00:58.48 TEMSE 23/11/2025					PB (50m pool): 00:59.50 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.28		00:58.48	
	00:28.28		00:30.20		
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:48	
Heat: 2/14 Lane : 5 Athlete: VANDERSTRAETEN HELENA							Q-time: 03:22:78	
PB (25m pool): 03:22.78 Sint-Niklaas 28/12/2025				PB (50m pool): 03:33.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.92		no time		no time		03:22.78
	00:43.92							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:48	
Heat: 2/14 Lane : 6 Athlete: HUYLEBROECK JANNE							Q-time: 03:26:54	
PB (25m pool): 03:53.25 TEMSE 30/03/2025				PB (50m pool): 03:26.54 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.97		01:53.91		03:02.15		03:53.25
	00:54.97		00:58.94		01:08.24		00:51.10	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:56	
Heat: 4/14 Lane : 2 Athlete: BELMANS MARGAUX							Q-time: 03:13:04	
PB (25m pool): 03:58.30 Eeklo 21/04/2025				PB (50m pool): 03:13.04SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.48		no time		no time		03:58.30
	00:59.48							
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:12, starttime: 10:24	
Heat: 12/14 Lane : 8 Athlete: VAN DE WINKEL LOLA							Q-time: 02:41:98	
PB (25m pool): 02:41.98 T Rosco 12/10/2025				PB (50m pool): 02:43.84 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.36		01:17.82		02:04.68		02:41.98
	00:35.36		00:42.46		00:46.86		00:37.30	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:14, starttime: 10:31	
Heat: 14/14 Lane : 7 Athlete: VAN DEN BREMT SARAH							Q-time: 02:32:03	
PB (25m pool): 02:32.03 Gent 23/02/2025				PB (50m pool): 02:36.18 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.00		01:11.49		01:57.51		02:32.03
	00:33.00		00:38.49		00:46.02		00:34.52	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+							Heat:2, starttime: 10:36	
Heat: 2/7 Lane : 6 Athlete: BOEL ELIAS							Q-time: 01:30:60	
PB (25m pool): 01:32.48 Temse 17/11/2025				PB (50m pool): 01:30.60 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:43.82		01:32.48				
	00:43.82		00:48.66					
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:4, starttime: 10:40
Heat: 4/7 Lane : 3 Athlete: DE COCK MATZ				Q-time: 01:18:68	
PB (25m pool): 01:23.49 Lokeren 28/09/2025			PB (50m pool): 01:18.68 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.16		01:23.49	
	00:39.16		00:44.33		
					

Coach feedback:

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Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:6, starttime: 10:44
Heat: 6/7 Lane : 5 Athlete: VERHULST MEINDERT					Q-time: 01:10:46
PB (25m pool): 01:10.46 Temse 31/05/2026					PB (50m pool): 01:11.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.04		01:10.46	
	00:33.04		00:37.42		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:7, starttime: 10:46
Heat: 7/7 Lane : 7 Athlete: VERHULST LENNERT					Q-time: 01:08:87
PB (25m pool): 01:08.87 TEMSE 18/05/2025					PB (50m pool): 01:11.08 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.48		01:08.87	
	00:32.48		00:36.39		
					

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+					Heat:1, starttime: 10:48			
Heat: 1/6 Lane : 4 Athlete: HEYLEN ROOS					Q-time: 03:02:40			
PB (25m pool): 03:03.91 Zottegem 01/03/2026					PB (50m pool): 03:02.40 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.89		01:31.59		no time		03:03.91
	00:44.89		00:46.70					
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 10:56			
Heat: 3/6 Lane : 5 Athlete: VANDER MIJNSBRUGGE LORE					Q-time: 02:43:90			
PB (25m pool): 02:43.90 TEMSE 23/11/2025					PB (50m pool): 02:45.91 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.67		01:21.53		02:04.08		02:43.90
	00:38.67		00:42.86		00:42.55		00:39.82	
								

Coach feedback:

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Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:6, starttime: 11:08	
Heat: 6/6 Lane : 3 Athlete: VAN DEN BREMT SARAH							Q-time: 02:27:19	
PB (25m pool): 02:27.19 TEMSE 23/11/2025				PB (50m pool): 02:33.39SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.47		01:10.92		01:49.42		02:27.19
	00:33.47		00:37.45		00:38.50		00:37.77	
								

Coach feedback:

Event number: 6: 400M FREESTYLE MEN 13+							Heat:5, starttime: 11:34	
Heat: 5/6 Lane : 8 Athlete: VAN DEN BREMT MATHIAS							Q-time: 04:36:57	
PB (25m pool): 04:37.74 Sint-Amandsberg 19/10/2025				PB (50m pool): 04:36.57SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.24		01:05.86		01:41.31		02:17.05
	00:31.24		00:34.62		00:35.45		00:35.74	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:52.39		03:27.88		04:03.74		04:37.74
	00:35.34		00:35.49		00:35.86		00:34.00	
								

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+										Heat:4, starttime: 11:49	
Heat: 4/16 Lane : 2 Athlete: BELMANS MARGAUX									Q-time: 00:42:35		
PB (25m pool): 00:42.35 BEERNEM 19/09/2026					PB (50m pool): 00:43.60 SB: 00:42.35 BEERNEM 19/09/2026						
	2 5 M		5 0 M								
PB			00:42.35								
			00:42.35								
											

Coach feedback:

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Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 11:49
Heat: 4/16 Lane : 4 Athlete: HUYLEBROECK JANNE			Q-time: 00:41:02
PB (25m pool): 00:41.02 Eeklo 19/04/2026			PB (50m pool): 00:42.22 SB: no time
	2 5 M	5 0 M	
PB		00:41.02	
		00:41.02	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 11:51
Heat: 6/16 Lane : 7 Athlete: VANDERSTRAETEN HELENA			Q-time: 00:39:52
PB (25m pool): 00:39.52 BEERNEM 19/09/2026			PB (50m pool): 00:39.66 SB: 00:39.52 BEERNEM 19/09/2026
	2 5 M	5 0 M	
PB		00:39.52	
		00:39.52	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:14, starttime: 12:00
Heat: 14/16 Lane : 4 Athlete: CORNELIS ENID			Q-time: 00:31:05
PB (25m pool): 00:30.73 Eeklo 01/04/2024			PB (50m pool): 00:31.61 SB: no time
	2 5 M	5 0 M	
PB		00:30.73	
		00:30.73	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:2, starttime: 12:05
Heat: 2/8 Lane : 7 Athlete: SCHEPERS RUBEN			Q-time: 00:37:48
PB (25m pool): 00:40.57 T Rosco 20/10/2024			PB (50m pool): 00:37.48 SB: no time
	2 5 M	5 0 M	
PB		00:40.57	
		00:40.57	
			

Coach feedback:

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Event number: 8: 50M BACKSTROKE MEN 13+			Heat:6, starttime: 12:12
Heat: 6/8 Lane : 5 Athlete: VAN DE WINKEL MILAN			Q-time: 00:31:88
PB (25m pool): 00:32.52 T Rosco 12/10/2025			PB (50m pool): 00:31.88 SB: no time
	2 5 M	5 0 M	
PB		00:32.52	
		00:32.52	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:7, starttime: 12:13
Heat: 7/8 Lane : 7 Athlete: POPPE WARRE			Q-time: 00:30:75
PB (25m pool): 00:35.40 Diksmuide 17/11/2024			PB (50m pool): 00:30.75 SB: no time
	2 5 M	5 0 M	
PB		00:35.40	
		00:35.40	
			

Coach feedback: